

CURRICULUM VITAE

Professor Nada Yasein

Professor / Family and Community Medicine Department / The University of Jordan

Head of Family Medicine Department / Jordan University Hospital

PERSONAL

Name : Nada Adel Yasein.

Nationality : Jordanian

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EDUCATION

1- Certificate in Family Practice: RCGP/ ku / UK equivalent to MRCGP (The Royal College of General Practitioners) May 1994, London, United Kingdom

2- Jordanian Board in Family practice: Nov. 2001

3- Kuwaiti Board in Family Medicine. May 1995 (Kuwait Institute of Medical Specialties)

4- MD in Medicine and Surgery , Damascus Medical school , University of Damascus, 1983, Syria.

5- Postgraduate Diploma in Health sciences- University of Otago/New Zealand, 2000.

Including the following courses in New Zealand (1997-2000):

1-Certificate of proficiency in community child health.1998.

2-Certificate of proficiency in Gynaecology and family planning 1999

3- A course in teaching and learning in general practice (communication skills) for one year.

4-Courses in Sports Medicine for one year:

A-Health and human performance

B-Exercise prescription

EXPERIENCE AND POSITIONS

2013 – Now Head of Family Medicine Department / Medical School / The University of Jordan

Head of Family Medicine Department / JUH

December, 17th, 2012-Now I was promoted to **Professor** in The University of Jordan- Faculty of Medicine, Department Family and Community Medicine

December 2008 – 2012 I was promoted to an **Associate Professor** in The University of Jordan- Faculty of Medicine, Department Family and Community Medicine

March 2003-December 2008 I was promoted to an **Assistant Professor** in The University of Jordan- Faculty of Medicine, Department Family and Community Medicine

Sept. 2006-Sept2007 **Assistant Dean of the medical school for Research and Developmental Affairs**

2012 –Now I was appointed as a **Senior Consultant Family Physician/Jordan University Hospital**, The University of Jordan- Faculty of Medicine, Department Family and Community Medicine

March 2002 – to 2012 I was appointed as a **Consultant Family Physician/Jordan University Hospital**, The University of Jordan- Faculty of Medicine, Department Family and Community Medicine

1997- August 2001 Postgraduate Diploma in Health sciences- University of Otago/New Zealand, 2000.

Fellow in Ashburton hospital / family medicine clinics
(New Zealand)

1994-1997

Specialist family practitioner and potential trainer,
teaching family medicine for postgraduate students in
family medicine clinics in Kuwait.

1990-1994

Training RCGP/ ku / UK equivalent to MRCGP (The
Royal College of General Practitioners).

1985-1989

Working as assistant registrar (resident, 2 years medical
ward and 2 years pediatric ward) in Frwanya hospital,
Kuwait.

1983-1985

Internship (6 months pediatrics, 6 months medicine, 6
months surgery and 6 months gynecology)

RESPONSIBILITIES IN MY CURRENT POSITION

1- Running a busy family practice clinic along with supervising the clinical training of the postgraduate candidates and undergraduate students, from 2003-2019.

2- Organizing, teaching and supervising the training of candidates in the university

postgraduate training program in family practice which is a 4 years training

program (Certificate of High Specialty in family practice) after which the

candidate is eligible to set the Jordanian Board in family practice, for the years

2002-2016. And I am an examiner for the postgraduate students for the final exam yearly on May for first, second, third and fourth years.

3- Me and my colleagues designed the first curriculum for Family Medicine for undergraduate students in the University of Jordan 2007.

4- Teaching Family Medicine for undergraduate students (the fifth year) in Jordan

University Hospital a course of family medicine for all the students in the fifth year in the (training and tutorials, communication skills, patient centered medicine, and

common problem solving in family medicine).I am an examiner in this course from the start of the program until 2019.

5- Teaching the clinical **introductory course** for the 4th year medical undergraduate students(I am teaching the students communication skills, The consultation, hypotheticodeductive method of problem solving, for 11 years,2004-2016.

6- Starting from Sept 2005, I was sharing in the teaching of a course on Health assessment for the postgraduate nursing students (masters level), 2006, 2007.I was an examiner in the course.

7- I gave lectures in the Jordan Medical Council for excellence year students in June, 2014,2015.

PEER REVIEWED ORIGINAL RESEARCH PUBLICATIONS

- Patients' and Residents' Evaluations of Patient Centeredness and communication Skills of Physicians at Jordan University Hospital

Nada Yasein, Ruba Jaber, Farouk Shakhathreh, Wejdan Shroukh, Mohammad Farah.
Jordan Medical Journal, 52(1), 2018.

- Influenza Vaccine: Immunization Rates, Knowledge, and Attitudes of Healthcare Workers in Jordan.

Lana Alhalaseh, **Nada Yasein**. Accepted in *Kuwait Medical Journal*, 2018.

- A comparison between patients' and residents' perceptions of patient centeredness and communication skills among physicians working at Jordan University Hospital.

Nada Yasein, Farouq Shakhathreh, Wejdan Shroukh, Mohammad Farah, Ruba Jaber.
Open Journal of Nursing, 7:698-706, 2017.

- A survey on the knowledge, attitudes and practices of physicians towards pharmacovigilance in Jordanian health centres.

Wejdan Shroukh, Farouq Shakhathreh, **Nada Yasein**, Ghazi Sharkas.

International Health, 10(5):363-370, 2018.

- Evaluation of factors related to the levels of knowledge, attitudes, and practices towards pharmacovigilance in Jordanian health centers.

Wejdan A. Shroukh, Farouq M. Shakhathreh, **Nada A. Yasein**.

International Medical Journal, 23 (6):644-647, 2016.

- The association between socioeconomic factors and bone mineral density in postmenopausal osteoporotic women attending family medicine clinics.

Nada Yasein, Wejdan Shroukh, Hiba Fayoumi, Lana Halaseh.

International Medical Journal, 23(5):545-548, 2016.

-Evaluation of the medical teaching program from the students' perspective at faculty of medicine: Jordan University.

Nada A. Yasein, Farouq M. Shakhathreh, Azmi Mahafza, Eman Badran, Wejdan A. Shroukh, Mohammad S. Farah. *International Medical Journal*, 22(4):335-339, 2015.

- Evaluation of Factors Related to Bone Mineral Density Improvement in Postmenopausal Osteoporotic Women.

Nada Yasein, Farihan Barghouti, Wejdan Shroukh, Lana Halaseh, Razan Hijjawi, Thafar Al Safar. *International Medical Journal*, 22(3):162-165, 2015.

- Metabolic syndrome in osteoporotic postmenopausal women attending a family practice clinic in Jordan

Nada Yasein, Farihan Barghouti, Wejdan Shroukh, Hiba Fayoumi, Mai Al-Aloul.

International Medical Journal, 22(3):166-170, 2015.

- Serum vitamin D and metabolic syndrome among osteoporotic postmenopausal women attending a family practice clinic in Jordan.

Nada Yasein, Wejdan Shroukh, Razan Hijjawi. *Advances in Clinical and Experimental Medicine*, 24(2):245-250, 2015.

- Impact of maternal overweight and obesity on perinatal outcomes.

Eman Badran, Amal Abu Libdeh, Fawaz Kasaleh, Shawki Saleh, Asma Bash, Yousef Khader, Fida Thekrallah, **Nada Yasein**.

Jordan Medical Journal, 48(2):121-131, 2014.

- The use of herbs by elderly patients with metabolic syndrome in a family practice clinic in Jordan.

Nada Yasein, Abla Samar Sharif. *International Medical Journal*, 20(6): 759-762, 2013.

- Short course in evidence based medicine improves knowledge and skills of undergraduate medical students: a before and after study.

Farihan F. Barghouti, **Nada A. Yassein**, Ruba Jabr, Noor Khader, Somayya Al Shokhaibi, Anas Almohtaseb, Nuha AbuRmaileh

Teaching and Learning in Medicine, 25(3):191-194, 2013.

- Use of antihypertensive medications among elderly patients with metabolic syndrome attending family practice clinic.

Nada A. Yasein, Yacoub M. Irshaid, Farihan F. Barghouti, Wejdan A. Shroukh, Lana J. Halaseh.

Published in *International Medical Journal* in/ 2013, 20(2):132-135.

- The use of bisphosphonates by postmenopausal osteoporotic women: adherence and side effects.

Nada A. Yasein, Farihan F. Barghouti, Wejdan A. Shroukh and Samar Sharif.

Journal of Biological Sciences/ 2013, 13(3):163-167.

- Complementary and alternative medicine (CAM) use among Jordanian patients with chronic diseases

Mayyada Wazaify, Izzat Alawwa, Nada Yasein, Akram Al-Saleh, Fatma U. Afifi.

Complementary Therapies in Clinical Practice, 19(3):153-7, 2013.

- Prescription pattern of antihypertensive drugs in Family Practice Clinics at Jordan University Hospital

Essam Al-Drabah, Yacoub Irshaid, **Nada Yasein**, Suheil Zmeili. *the Medicine Science / International Medical Journal*, 2(1):469-488, 2013.

- Women's knowledge and screening behaviors regarding breast cancer at family medicine clinics.

Farihan F. Barghouti, **Nada A. Yasein**, Asma H. Takruri, Tala E. Hammouri, Nuha W. Qasem.

published in: *International medical journal* / 2013, 20(1):59-63.

- Depression and Co-morbid Chronic Illnesses in Family practice.

Farihan Barghouti, **Nada A Yasein**, Ramadan A Bani Mustafa.

Published in *HealthMed journal*/ 2013, vol.7(2):477-483.

- Prevalence and risk factors of urinary incontinence among Jordanian women: impact on their life.

Frihan Barghouti, **Nada Yasein**, Asma Takruri, Lana Hatamleh, Ruba Jaber. *Health care for women international*, 00:1-9, 2013.

- Elderly patients in family practice: polypharmacy and inappropriate prescribing – Jordan.

Nada A. Yasein, Farihan F. Barghouti, Yaqoub M. Irshaid, Ahmad A. Suleiman, Diana Abu-Hassan, Rana Tawil. *International Medical Journal* / 2012, 19(4): 302-306.

- Discrepancies Between Elderly Patient's Self-Reported and Prescribed Medications: A Social Investigation.

Nada A. Yasein, Farihan F. Barghouti, Yacoub M. Irshaid, Ahmad A. Suleiman. *Scandinavian journal of caring sciences*, 27:131-138, 2013.

- Adherence to lipid lowering drugs (statins) in patients attending family medicine clinic at Jordan University Hospital.

Farihan F. Barghouti and **Nada N. Yasein**

Published in: *International Medical Journal* /2012, vol.19(2):115-119.

- Metabolic syndrome in family practice: a study of the high risk groups.

N. Yasein, D. Ma'sad.

Published in: *Eastern Mediterranean Health Journal*/ December 2011, 17(12): 943-948.

- Knowledge, Attitudes and Practices on Hypertension in patients attending Family Practice Clinics.

Nada A. Yasein, Farouq M. Shakhatreh, Ahmad A. Suleiman, Farihan F. Barghouti, Lana J. Halaseh, Noor K. Abdulbaqi. Published in *HealthMed journal*, 2011, 5(6): 1404-1414.

- Prescription Pattern of Nonsteroidal Antiinflammatory Drugs in a Family Practice Clinic at Jordan University Hospital.

Nada A. Yasein, Farihan Barghouti, Fatin T. Al Faris, Lana N. Hatamleh, Mohammed S. Farah, Yacoub M. Irshaid. Published in: *Jordan Medical Journal* / March 2011, 45(1):9-17.

- Early Detection of Cardiovascular Diseases Risk Factors among Jordan University Students.

Samaha S. Jarrah, **Nada A. Yasein**, Wasileh I. Petro, Omayah S. Nassar Published in : *Jordan medical journal* / March 2011, Vol.45(1):51-61.

- A Randomized Controlled Trial to Assess Pharmacist-Physician Collaborative Practice in the Management of Metabolic Syndrome in a University Medical Clinic in Jordan.

Eman A. Hammad, **Nada Yasein**, Linda Tahaineih, and Abba M. Albsoul-Younes.
published in : *Journal of managed care pharmacy* / May 2011, 17(4):295-303.

- Pharmacist-physician collaboration improves blood pressure control.

Albsoul-Younes AM, Hammad EA, **Yasein NA**, Tahaineih LM. Published in : *Saudi medical journal* / march 2011, 32(3):288-92.

- Obesity Indices and their Relationship to Cardiovascular Risk Factors in Young Adult Group.

Nada Yasien, Sameha Jarrah , Wasileh Petro-Nustas, Muayyad Ahmad, Ruba Jaber , Noor Terzia, Erika Sivarajan Froelicher, Emad Khawajah Published in: *Bahrain Medical Society* / 2010, 22 (4) 133-137.

- Metabolic syndrome in patients with hypertension attending a family practice clinic in Jordan.

N. Yasein, M. Ahmad, F. Matrook, L. Nasir and E.S. Froelicher Published in : *Eastern Mediterranean Health Journal* / April 2008 16(4):375-80.

- Prevalence of and Factors Associated with Overweight and Obesity among Jordan University Students.

Ahmad A. Suleiman, Omar K. Alboqai, **Nada Yasein**, Jafar M. El-Qudah, Mo'ath F. Bataineh and Bayan A. Obeidat Published in : *Journal of biological sciences* / 2009, 9(7): 738-745.

- The prediction of diabetes and hypertension by anthropometric indices based on family medicine clinic data at Jordan university hospital.

Nada A.Yasein, Diana F. Masad, Luna Al-Zaru, Asma H. Takruri Published in : *Journal of the Bahrain Medical Society*/ January 2008, Vol.20(1).

- Prevalence of vitamin-mineral supplement use among Jordan University students.

Ahmad A. Suleiman, Omar K. Alboqai, **Nada A. Yasein**, Mohamed K. Al-Essa, El Masri Khader. Published in: *Saudi Medical Journal* / 2008, 29(9):1326-1331.

- Familiarity, knowledge and attitude towards epilepsy among attendees of a family clinic at Amman Jordan.

Amira T. Masri, Farouq M. Shakhathreh, **Nada A. Yasein**, Farihan F. Barghouti. Published in: *Neurosciences Journal* / 2008, 13(1):53-56.

- Cardiovascular risk and anthropometric measures in women attending family practice.

Nada Yasein. Published in: *Jordan medical journal* / November 2005 ,Vol.39(2): 106-112.

RESEARCH INTERESTS

- I- To combat cardio metabolic syndrome.**
- II- Patient centered medicine and communication skills.**
- III- Problem based learning and problem solving.**

I- To combat cardio metabolic syndrome:

I am interested in working in the diagnosis, prevention and management of cardio metabolic syndrome and its components during my family practice clinic time and by conducting research on cardio metabolic syndrome.

-I am the **coordinator** of the **Jordan Coalition to Combat Cardio Metabolic Syndrome (a national committee)**. Started since the 25th of January, 2012 (five meetings held so far) in the faculty of medicine, the University of Jordan. With attendants from teaching staff from the University of Jordan (headed by the dean of the faculty of medicine in the University of Jordan) and Jordan University of Science and Technology and the head of the non-communicable diseases department in the Jordanian Ministry of Health . The **American College of Cardiology** recognized the project entitled “The International Coalition to Combat Cardio Metabolic Syndrome”

as its 2012 ACC-MENA collaborative research project and named it “**The Middle East Million Hearts Campaign**” and Jordan will constitute a part of this project.

- Attended conferences to combat cardio metabolic syndrome:

1- Course on the "Complex management of systems failure in the cardiac patient" and workshop on "Cardio Metabolic Syndrome". Amman – Jordan (23-25/10/2011).

2- Mini summit on Cardio Metabolic Syndrome. **Atlanta – USA** (13-14/10/2011). In which I was a **speaker** about awareness regarding the metabolic syndrome and cardiovascular risks and development of self-prevention. http://halleinstitute.emory.edu/research/events_conferences/cardio_metabolic_syndrome_summit.html

3- Towards a global coalition to combat Cardio Metabolic Syndrome. A workshop and roundtable discussion. **Dubai – UAE** (18/4/2012) in which I am a **speaker** to report about the Jordan Coalition to Combat Cardio Metabolic Syndrome.

- I was an author in (14) published or accepted peer-reviewed original articles regarding cardio metabolic syndrome and its components.

II- Patient centered medicine and communication skills:

-Research: research on patients' and residents evaluation of patient centeredness and communication skills of physicians in Jordan University Hospital.

-Experience in communication skills:

1- Active member in a course in New Zealand in teaching and learning communication skills in family practice for one year.

2- A course in Queen Mary's Hospital in teaching communication skills, chosen by the faculty of medicine in

3- A course from Canada in teaching communication for ten years skills. Amman – Jordan.

4- I have been teaching communication skills for postgraduate family medicine residency.

5- I gave a course for paediatrics department (post graduate residents) teaching communication skills (5 hours).

6- I teach undergraduates (fourth year) doctor patient communication skills and reasoning skills from 2003 – 2012 in the faculty of medicine in Jordan University.

7- I teach all the students in the fifth year doctor patient communication skills when they have their rotation in our family medicine clinic (practical with patients in the clinics) as a part of their rotation, every 10 students stay for 2 weeks in the clinics 2005-2012

III- Problem based learning and problem solving:

-Research: research on the evaluation of the medical teaching program during the clinical years from the students perspective at faculty of medicine: Jordan University.

SUPERVISION OR EXAMINATION OF STUDENTS THESIS (POSTGRADUATE CANDIDATES) IN JORDAN UNIVERSITY

1. CO-SUPERVISOR			
#	Year	Student's name	Thesis title
1.	2010	Essam Al-Drabah	A study on utilization of antihypertensive drugs in a family practice clinic at Jordan University Hospital (Masters in pharmacology department, Faculty of medicine)
2.	2010	Eman Hammad	Clinical pharmacist role in the management of hypertension and metabolic syndrome for optimum treatment outcomes in Jordan (Masters in Faculty of pharmacy)
2. EXAMINER			
3.	2016	Mais Krishan	A cross sectional study of knowledge, attitudes and practices among Jordanian nurses towards pharmacovigilance in Amman, 2016. (Master of Public Health)
4.	2016	Yacoub Nairoukh	Molecular characterization of multidrug resistance uropathogenic Escherichia Coli isolates among Jordanian patients on both hospital and community. (Master of Medical Laboratory Sciences)
5.	2016	Arwa Mohammad B. Falata	Knowledge, health beliefs, and practices of females about osteoporosis: a comparative study between students in health-related and non-health-related faculties at the University of Jordan. (Master of Public Health)
6.	2016	Abdelhakeem Abu Arrab	Assessment of knowledge and behaviours regarding trans fatty acids among

			students at the University of Jordan (Master of Public Health)
7.	2015	Samah Al-Quran	Describing drug use patterns in health centres using WHO patient care and health facility indicators in Amman, Jordan (Master of Public Health)
8.	2014	Rima Nsheiwat	KAP Study for community pharmacies towards proper handling and disposal of used/expired medications in Amman pharmacies,2013 (Master of Public Health)
9.	2014	Amal Yousef	The relationship between sedentary lifestyle (physical inactivity) and cardiovascular disease in Jordan (Master of Public Health)
10.	2014	Dua'a Al-gharably	Bullying in the workplace among academic and non-academic employees at Jordan University (Master of Public Health)
11.	2014	Amani Al Bohisi	Knowledge, attitudes and practices of the physicians working in the comprehensive primary healthcare centres in Amman province regarding the continuous medical education and its impact on the patients' satisfaction on physicians' knowledge and skills (Master of Public Health)
12.	2011	Imad Al-Jarrah	Smoking patterns and factors associated with smoking cessation in patients with CVD in Jordan (PhD in Faculty of nursing)
13.	2009	Safa Al-Shawarbeh	Deep vein thrombosis of lower limbs among long haul flight of Royal Jordanian airlines passengers, 2008: risk factors, knowledge and practice of preventive measure (Masters in public health, Faculty of medicine)
14.	2009	Nisreen Bitar	IUD discontinuation rate and reasons of Jordanian women attending family planning clinics (Masters in public health, Faculty of medicine)
15.	2008	Shereen Al-Shamasneh	Breast cancer and breast self-examination among university female students: KAP study (Masters in public health, Faculty of medicine)

16.	2008	Fuad Nassereddin	Prevalence of late complications among diabetic patients under care at UNRWA health centers in Jordan, 2006 (Masters in public health, Faculty of medicine)
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OTHERS:

- Reviewer for research in Damascus university Journal 2009,2010.
- **Examiner at Jordan Medical Council for Jordan Board license for Family Practitioner** 2006, 2007, 2008, 2009, 2014 and 2015.
- Reviewer for a national project in Tabuk University in Kingdom of Saudi Arabia 2011 and 2015.
- Reviewer for the Jordan Medical Journal.

EVENTS IN WHICH I WAS A SPEAKER

- The 12th International conference of Jordan Society of Family Medicine. Amman – Jordan (7-10/11/2018). **Presented** about the topic of “Patient Centered Medicine”.
- Scientific day of the Jordan Society of Family Medicine: Pearls of practice take home message. Amman – Jordan (23/9/2017). **Presented** about dementia: why do we care? What can we do?.
- The 5th International Congress on Primary Healthcare and Family Medicine. Madrid – Spain (29-30/11/2017). I was a **member of the scientific committee** and **presented** a paper entitled " Serum Vitamin D and the Metabolic Syndrome Among Osteoporotic Postmenopausal Female Patients of a Family Practice Clinic in Jordan".
- The 5th Congress of the Jordanian Society of Endocrinology, Diabetes and Metabolism. Amman – Jordan (11-14/5/2017). **Presented** a paper entitled " Serum Vitamin D and the Metabolic Syndrome Among Osteoporotic Postmenopausal Female Patients of a Family Practice Clinic in Jordan".
- 11th International Conference of The Jordan Society of Family Medicine. Amman – Jordan (5-8/10/2016). **Presented** a paper entitled " The association between socioeconomic factors and bone mineral density in postmenopausal osteoporotic women attending family medicine clinics". Was the chair person of one session in the conference.
- **WHO Temporary Adviser** for a workshop "Regional consultation on development of the bridge programme for capacity-building of general practitioners in the Eastern Mediterranean Region", planned by the World Health Organization (WHO) Regional Office for the Eastern Mediterranean (EMRO) in joint effort with the American University of Beirut. Cairo – Egypt (10-11/5/2016).

- Third Wonca East Mediterranean Family Medicine Congress "Family medicine: Honoring the past, treasuring the present, shaping the future". Dubai – UAE (17-19/3/2016). **Presented** a paper entitled " Discrepancies Between Elderly Patient's Self-Reported and Prescribed Medications: A Social Investigation".
- Second Wonca East Mediterranean Family Medicine Congress “Family medicine: Gateway to excellence in healthcare systems”. Dubai – UAE (30/4-2/5/2015). **Presented** a paper entitled “Metabolic syndrome in osteoporotic postmenopausal women attending a family practice clinic in Jordan”.
- The 10th International Conference of Jordan Society of Family Medicine. Amman – Jordan (29/4-2/5/2014). Co-authored a paper entitled "Impact of maternal overweight and obesity on perinatal outcomes in Jordan".
- 6th International Conference of the Royal Medical Services. Dead Sea – Jordan. (19-22/11/2012) **Presented** a paper entitled "Elderly patients in family practice: polypharmacy and inappropriate prescribing – Jordan".
- 5th Medical Conference on Modern Medicine. Amman – Jordan. (1-3/10/2012) In which I am **a member of the scientific committee** and presented a paper entitled " Use of antihypertensive medications among elderly patients with metabolic syndrome attending family practice clinic."
- Towards a global coalition to combat Cardio Metabolic Syndrome. A workshop and roundtable discussion. Dubai – UAE (18/4/2012) in which I am a **speaker** to report about the Jordan Coalition to Combat Cardio Metabolic Syndrome.
- Depression and anxiety spectrum disorders: from basic science to the clinic and back. Amman- Jordan (6-8/3/2012) in which I was a **moderator**. **Presented** a paper entitled "Depression in primary care patients with chronic physical symptoms" with Dr Farihan Barghouti and Dr Rdwan Bani Mustafa.
- The 9th conference of the Jordan Society of Family Medicine. Amman – Jordan (23-25/11/2011). **Presented** a paper entitled "Adherence to lipid lowering drugs (statins) in patients attending family medicine clinic at Jordan University Hospital".
- Mini summit on Cardio Metabolic Syndrome. **Atlanta – USA** (13-14/10/2011). In which I was a **speaker**: awareness regarding the metabolic syndrome and cardiovascular risks and development of self-prevention in family practice clinic in Jordan University Hospital.
- First Conference of the Arab Association of Family Physicians and the Eighth conference of the Jordan Society of Family Medicine. Amman – Jordan (7-9/10/2009). In which I was a **speaker**, paper entitled "Metabolic syndrome in family practice in Jordan: a study of high risk groups". And **two presentations**, papers entitled: “Women’s knowledge and screening behaviors regarding breast cancer at family medicine clinics” and “Prevalence and risk factors of urinary incontinence among Jordanian women: impact on their life”.

- The second conference for faculty of Medicine at the University of Jordan. Amman – Jordan (2009). In which I was a **speaker**, paper entitled "Metabolic syndrome in patients with hypertension attending a family practice clinic in Jordan".
- The Seventh conference of the Jordan Society of Family Medicine. The 7th conference of the Jordan Society of Family Medicine Amman – Jordan. (22-24/10/2007). In which I was a **speaker**, paper entitled "The Prediction of diabetes and hypertension by anthropometric indices in family medicine clinic at Jordan University Hospital".
- Third Conference of Scientific Research in Jordan. Amman – Jordan (17/11/2007). I was a **speaker**, paper entitled “Cardiovascular risk and anthropometric measures in women attending family practice”.

CONFERENCES IN WHICH I PARTICIPATED

- IDF-MENA Region Conference on Diabetes and Nutrition. Amman – Jordan (3-6/4/2019).
- The 2nd Global Mental Health Conference. Organized by: The Global Health Initiative and School of Medicine, The University of Jordan. Amman – Jordan (5-7/10/2017). I was a **moderator**.
- 15th Pan Arab Union of Neurological Societies Meeting. Tunisia (16-18/3/2017).
- First African Academy of Neurology Conference. Tunisia (15-16/3/2017).
- Arab Simulation Conference in Medical Education "ASCME2016". Amman – Jordan (5/10/2016).
- The 13th International Jordanian Conference of Internal Medicine in collaboration with The Royal College of Physicians / Edinburgh. Amman – Jordan (3-6/5/2016).
- Combined symposium Neurology Update-Bridging Science. Amman – Jordan (21/4/2016).
- The Seventh Scientific Research Conference in Jordan. Amman – Jordan (14/11/2015).
- University of Michigan's Sports Medicine and Full Updates. Michigan – USA (7-9/10/2015).
- Health Summit Forum I, Aging and Health (member of the scientific committee). Amman – Jordan (19-21/6/2014).
- Neuro Psychiatric Outcomes of Stroke. Antalya – Turkey (18-20/6/2014).
- The 3rd Symposium on Stroke and Cognitive Impairment. Marrakech (4-5/4/2014).

- BSC and Mayo Clinic Cardiology Review Course 2014. London - UK (3-7/3/2014).
- The Second Jurisprudential Medical Conference. Amman – Jordan (1-3/5/2013).
- The Jordanian Chapter of Epilepsy – The First Epilepsy Symposium. Dead sea – Jordan (28/2-1/3/2013).
- The ICNeP Masterclass Meeting. Istanbul – Turkey (17/1/2013).
- Updates in nutritional management of diabetics and elderly. Amman – Jordan (23-24/11/2011).
- Second International Conference on Children's Rights. Amman – Jordan (15/11/2011) (**Representative of the faculty of medicine – University of Jordan**).
- Course on the "Complex management of systems failure in the cardiac patient" and workshop on "Cardio Metabolic Syndrome". Amman – Jordan (23-25/10/2011).
- The University of Texas Stroke Symposium in conjunction with The Annual EEG Epilepsy & MS Update, Cairo, January 2011.
- 14th Congress of the European Federation of Neurological Societies (25-28/9/2010).
- The 4th International Congress of the Jordanian Neurological Society. Amman – Jordan (6-9/10/2010).
- The eleventh neuromediterranean congress / the second international meeting of the Lebanese society of neurology. Beirut – Lebanon (16-19/9/2010).
- The first International Congress of the Jordanian Association of Psychiatrics. Amman – Jordan (6-9/4/2010).
- The 11th annual conference in obstetrics, gynaecology & women's health. Amman – Jordan (24-26/2/2010).
- The first Middle East epilepsy and neurology update meeting (MENU). Beirut – Lebanon (18-19/12/2009).
- Evidence Based Medicine in Dementia and Old Age Depression. Amman – Jordan (2009). (**Roundtable active member**)
- The first Jordanian Joint Conference on Osteoporosis. Amman – Jordan (2009).
- 4th Middle East training course on Osteoporosis (METCOP4) / Jordan-Dead Sea November (2009). (**Roundtable active member**)
- Jordan's Ninth Conference of the Internal Diseases. Amman – Jordan (20-23/10/2008).

- The fourth pediatrics conference medical school/ University of Jordan. Amman – Jordan (3/4/2008).
- Seventh congress of the Jordanian society of Gastroenterology. Amman – Jordan (26-28/3/2008).
- The 5th Arab congress for antimicrobial agents. Jordan University - Amman – Jordan (18-20/10/2007).
- Young investigators conference – strategy for science. Dubai (4/1/2007).
- ENS neurology conference, June 2006, Berlin, Germany.
- Proceeding of the first international conference on primary care, clinical advance in primary care. Amman – Jordan (10-12/11/2005).
- Cardiovascular risk factors Conference. Sharm Al Sheikh – Egypt (3/2005).
- Fifth international Conference of the Jordan Society of family Medicine. Amman – Jordan (5-7/10/2004).
- The international scientific convention. Amman – Jordan (15-17/7/2004).
- Second Annual Conference of the Jordanian Association of Menopause. Amman – Jordan (28-30/4/2004).
- The second Jordanian Menopause Congress. Amman – Jordan (4-5/3/2004).
- The 5th Cairo International Neurology Conference. Sharm Al Sheikh – Egypt (14-16/1/2004).
- Wonca Europe regional conference. Amsterdam – Holland (21/4/2003).
- 1st Arab Conference on primary health care. Al Manama – Bahrain (25-27/2/2003).
- The Second conference of the Jordan Society of Family Medicine.. Amman – Jordan (24-26/1/2002).
- Tenth Congress of the Union of Arab Paediatric Societies and the Ninth Congress of the Association of Pediatricians of Jordan and the Fifth Conference of the Arab Association of Gastroenterology and nutrition in children and Second Conference for Arab Neurologists. Amman – Jordan (8-11/10/2002).
- European neurology society conference. Berlin – Germany (6/2002).

COURSES AND WORKSHOPS

- Workshop entitled “Writing a Multiple Choice Questions (MCQs) Exam” held by the Faculty of Medicine, the University of Jordan. Amman – Jordan (12-13/3/2019).
- Workshop entitled "Gestational diabetes, diabetes and pregnancy" held by the European Association for the Study of Diabetes, The National Center for Diabetes, Endocrinology and Genetics (EASD-NCDEG). Amman – Jordan (15/7/2016).
- The European Association for the Study of Diabetes, The National Center for Diabetes, Endocrinology and Genetics (EASD-NCDEG) Postgraduate Education Course (accredited by the Jordan Medical Council for 14 CME hours). Amman – Jordan (14-16/7/2016).
- Course entitled "Statistical Analysis using SPSS" 30 hours long.
- The scientific day of the obstetrics and gynecology department in the Jordan University Hospital. Was held in Jordan University in the 21st of June 2012.
- Problem based learning faculty workshop with the University of Rochester Medical Center. (**Active member**) Amman – Jordan (6-7/3/2012).
- Workshop entitled “Cardio Metabolic Syndrome” in the conference “Complex Management of systems failure in the cardiac patients”, Jordan University - Amman June, 2011.
- Workshop on Problem-Based Learning from design to practice, Amman April 2011. (**Active member**)
- The Hikma Cardiovascular Workshop, Antalya – Turkey, April 2011. (**Active member**)
- A workshop on anxiety and depression, Istanbul, 6-9 March 2008 (**Active member**)
- When I was an assistant dean for research and development affairs in the medical school, attended a **4 weeks course** in the framework of Tempus Media programme "Jordan training course in international relations (JOTCIR) in Amman (3 weeks) and (one week in **Rome**), June 2007
- OSCE course conducted by the University of Toronto Wilson Centre held at Jordan University, December 2006 (one week). (**Active member**)
- A communication skills course for teaching medical students ,10-15/Sept 2006, St. Bartolomews Hospital in **London, UK. (Selected by the deanship of the medical college)**
- Evidence based Medicine workshop / University of Jordan, Amman, Jordan 27-29/4/2006 (**Active member**)

- One week OSCE course conducted by Kings College, held by Jordan University 2005(**Active member**)
- A workshop on developing the specifics and delivery of the clinical and communication skills curriculum (18/10/2004) and teaching clinical and communication skills (19/10/2004) was held in Jordan Medical council (**Trainer**)
- A number of workshops on indicators of child development conducted by the national council of family affairs and the UNICEF, during 2004 and 2005, Amman, Jordan (**Active member**)
- March 20, 2004, a workshop breast cancer at KHCC (**Active member**)
- Workshop on advanced CPR in Bahrain (25-27 Feb 2003) (**Active member**)
- A 20 hours workshop on skills in field clinical research, (22/2 - 2/3/2004)/University of Jordan (**Active member**) I was granted a certificate
- Advanced course in family planning (Jordan Medical Council March, 4th 2005). (**Active member**)
- Skills workshop for trainers of family medicine held by (University of Colorado, USA 20-22 April 2004) Amman – Jordan. (**Active member**)
- Workshop on the management of sexually transmitted diseases (12 Aug 2005, USAID/Jordan Medical Council) (**Active member**)

RESEARCH FUNDED BY THE DEANSHIP OF ACADEMIC RESEARCH, UNIVERSITY OF JORDAN

- 1- Patients' and residents evaluation of patient centeredness and communication skills of physicians in Jordan University Hospital, 2012. (2450 JD)
- 2- Evaluation of the medical teaching program during the clinical years from the students perspective at faculty of medicine: Jordan University, 2012. (1350 JD)
- 3- Evaluation of drug therapy and life-style in patients with osteoporosis in a family practice clinic in Jordan, 2010. (5200 JD)
- 4- Knowledge, Attitudes and Practices on Hypertension in patients attending Family Practice Clinics, 2009. (5200 JD)
- 5- Elderly patients in family practice: polypharmacy and inappropriate prescribing – Jordan, 2009. (1500 JD)

PROFESSIONAL INTERNATIONAL MEMBERSHIPS

- 1- International membership in the American Academy of Family Physicians (A.A.F.P.)
- 2- Active member in the World organization of Family Doctors (WONCA)

PROFESSIONAL NATIONAL MEMBERSHIPS

- 1- Member in the committee of Jordan Medical Council for Jordan Board license for Family Practitioner.
- 2- Member in the executive committee of the Conference of the Union of Arab Doctors in Europe, 2013.
- 3- Coordinator of the Jordanian coalition to combat cardio metabolic syndrome 2012.
- 4- I was a member of the medical school board in the years: 2004, 2006, 2007, 2008, 2010, 2011. Representing community and family medicine department.
- 5- Member in the drugs and tenders committee in the Jordan University Hospital 2011-2016.
- 6- Member in the problem based learning committee 2011/2012.
- 7- Member in the library committee 2011/2012.
- 8- Jordan Medical Council in Family medicine
- 9- Jordan Family Medicine Association
- 10- Jordan Menopause Society
- 11- Jordan Osteoporosis Society
- 12- National Council for Family Affairs
- 13- Jordan Hypercholesterolemia Association
- 14- While working as an Assistant Dean for Research and Developmental Affairs I was involved in several activities:
 - 1- Member in medical School Board
 - 2- Member in scientific Research committee
 - 3- Member in (OSCE) committee
 - 4- Member in the skill lab centre committee

5- Member of the Quality Assurance committee both in faculty of Medicine and at Jordan University

6- Member in the committee of Accreditation in faculty of Medicine at Jordan University.

7- Active member in The Medical School quality control assurance committee since 2005 till 2008.

COMMUNITY SERVICE

1- Open medical day in Jordan Association for Woman and Child run by Dr Nada Yasein and her team of residents, 12/3/2019.

2- Gave a lecture about Alzheimer in Jordanian Association for Women and Child Welfare. Amman – Jordan (11/12/2017).

3- I was responsible for **giving lectures on osteoporosis (giving a brief about my 5 papers on osteoporosis)** and arrangement with family physicians to perform **free medical checkups**, in a free open medical day in Jordan Association for Woman and Child, one full day 2013, 2014, 2015.

4- Participated in the scientific committee of the Health Summit Forum I, Aging and Health. Amman – Jordan (19-21/6/2014).

5- I gave lectures in Jordan University Hospital about communication skills and their effect on reducing violence in workplace, 2014 and 2015. The lectures were targeted to:

Physicians.

All workers.

New residents.

6- I was responsible for **giving lectures on osteoporosis** and arrangement with family medicine residents to perform **free medical checkups**, in a free open medical day in Jordan Association for Woman and Child, one full day, May 2011.

7- I was responsible for **giving lectures on breast cancer** and arrangement with family medicine residents to perform **free medical checkups**, in a free open medical day in Jordan Association for Woman and Child, one full day, April 2010.

8- **Principle for a workshop** including lectures for females from all collages in the University of Jordan in the health care club / Deanship of students affairs about women's diseases in 15/4/2009.

9- **Speaker** in a radio program for health education:

- 1- 29/1/2012: about family medicine and disease prevention.
- 2- 1/2/2012: about twins.
- 3- 5/2/2012: about menopause.
- 4- 12/2/2012: about cardio metabolic syndrome and Diabetes.
- 5- 26/2/2012: about hypertension.
- 6- 4/3/2012: about hyperlipidemia.
- 10- **Wrote an article** about biological age for Petra News Agency.
- 11- Presented 9 radio sessions about diabetes, hyperlipidemia, hypertension and cardio metabolic syndrome, 2013. Each session lasted for more than one hour and included discussion with people.
- 12- Presented about "**Elderly patients in family practice: polypharmacy and inappropriate prescribing – Jordan.**" in the scientific week of the faculty of medicine in the celebrations of Jordan University's 50th anniversary (2013).
- 13- Speaker in a radio program on Hayat FM (Amman) about cardiovascular risk and metabolic syndrome, presenting data from our research (22/11/2014, 28/11/2014).

خدمة المجتمع:

1. يوم طبي مجاني
2. إعطاء محاضرة بعنوان "المرض الذي ينسينا من نحن... الزهايمر" في الجمعية الأردنية لرعاية المرأة والطفل الخيرية النسائية بتاريخ 11\12\2017.
3. إعطاء محاضرات عن هشاشة العظام (مع إعطاء ملخص عن الأبحاث الخمسة التي أجريتها عن هشاشة العظام) وأجراء فحوصات مجانية مع مجموعة أطباء أسرة خلال اليوم الطبي المجاني في جمعية المرأة والطفل، 2013، 2014، 2015.
4. المشاركة في اللجنة العلمية للمؤتمر بعنوان " Health Summit Forum I, Aging and Health" ، والذي عقد في عمان بتاريخ 19-21\6\2014.
5. قمت بإعطاء محاضرات في مستشفى الجامعة الأردنية حول مهارات الاتصال وأثرها في تخفيض العنف في بيئة العمل في 2014 و 2015. المحاضرات استهدفت الفئات التالية:
 - الأطباء
 - كافة العاملين
 - المقيمين الجدد
6. إعطاء محاضرات عن هشاشة العظام وأجراء فحوصات مجانية مع مجموعة أطباء مقيمين خلال اليوم الطبي المجاني في جمعية المرأة والطفل، شهر مايو 2011.
7. إعطاء محاضرات عن سرطان الثدي وأجراء فحوصات مجانية مع مجموعة أطباء مقيمين خلال اليوم الطبي المجاني في جمعية المرأة والطفل، شهر ابريل 2010.
8. تنظيم ورشة عمل للطالبات من كل التخصصات في الجامعة الأردنية تضمنت محاضرات حول الأمراض النسائية في النادي الصحي التابع لعمادة شؤون الطلبة في 15\4\2009.
9. التحدث في برنامج إذاعي للتثقيف الصحي:

- 2012\1\29: حول طب الأسرة والوقاية من الأمراض.
- 2012\2\1: حول موضوع التوائم.
- 2012\2\5: حول موضوع سن اليأس.
- 2012\2\12: حول المتلازمة الاستقلابية ومرض السكري.
- 2012\2\26: حول ارتفاع ضغط الدم.
- 2012\3\4: حول ارتفاع الدهون.
- 10. قمت بكتابة موضوع حول العمر البيولوجي للإنسان لووكالة أنباء بتر.
- 11. تقديم 9 حلقات إذاعية للتنقيف حول موضوع السكري، ارتفاع الدهون، ارتفاع ضغط الدم والمتلازمة الاستقلابية القلبية (2013). كل حلقة استمرت لأكثر من ساعة وتضمنت نقاش مع المتصلين.
- 12. تقديم عرض حول تعدد الأدوية والوصفات الطبية الغير مناسبة لدى كبار السن ضمن فعاليات الأسبوع العلمي في الاحتفالية الخمسين لتأسيس الجامعة الأردنية (2013).
- 13. التحدث في برنامج إذاعي على الهواء في قناة حياة فم عمان حول عوامل الخطورة القلبية والمتلازمة الاستقلابية القلبية مع عرض نتائج بعض أبحاثي العلمية (2014\11\22 ، 2014\11\28).

WEBSITES

<http://academic.ju.edu.jo/nyasein/Lists/Published%20Research/AllItems.aspx>

http://halleinstitute.emory.edu/research/events_conferences/cardio_metabolic_syn_drome_summit.html